



HELEN HAYES
HOSPITAL



Adapted Sailing Program

Introduction to Adapted Sailing

Thursday, June 6, 2019
6:00–7:30 pm

Nyack Boat Club
59 Gedney Street, Nyack, NY

Free of Charge

Review mobility techniques &
perform lifejacket screening
(Required in order to go on sailboat)

Adapted Sailing Clinic

Friday, June 14, 2019
11:30am–5:00pm

Nyack Boat Club
59 Gedney Street, Nyack, NY

Free of Charge

11:30am–12:30pm Lunch

12:30–4:00pm Meet sailors with disabilities
& participate in sailing rotation on the water
(weather permitting) Note-Must do review and
lifejacket screening to go on a sailboat.

4:00–5:00pm Hospitality Hour



*Open to people with disabilities, rehabilitation
professionals and volunteers interested in learning
more about adapted sailing.*



Pre-registration required by May 15, 2019. Space is limited.

Pre-registration or questions, please contact **Peter Gagliardo** at
845-786-4950 or email at peter.gagliardo@helenhayeshosp.org
www.helenhayeshospital.org or www.nyackboatclub.org



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about adapted sailing.*



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* Note: Previous participants need not attend Introduction Class, but MUST pre-register to sail.

Pre-registration or questions, please contact **Peter Gagliardo** at
845-786-4950 or email at peter.gagliardo@helenhayeshosp.org

Mail form to: Peter Gagliardo, Adapted Sports and Rec Coordinator, Helen Hayes Hospital, Route 9W, West Haverstraw, NY 10993
Dates attending: Thursday, June 6 Friday, June 14

Name: _____ Sailing Experience: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ E-Mail: _____

Volunteer Rehabilitation Professional Participant Diagnosis: _____

Mobility Device(s) Used: Manual W/C Power W/C Walker Cane Crutches

Other Needs: _____